

Nourish Your Soul in the Bowl of the Jungle

"Love Is The Power" in Costa Rica

"A fearless life, a peaceful life, is your birthright."

"If we take a moment to look at our life we can see that where we have felt most at home has been when we are being patient, when we are at peace with ourselves and the world and when we are loving, not when the world is at peace with us, or patient, or loving, but when we are. This is an invitation to discover for yourself (self-realization) how "The Work" can awaken an unshakable peace and unconditionally kind and loving presence within you. As cliché as it sounds it is still true, a dear and loving world begins with our self. This is good news."



Schedule: Breakfast, Lunch & Dinner
Tom will lead daily from 9am to 6pm

Cost: From \$1750 US, depending on accommodation, including transfers, workshop and all meals (airfare addit.)

To Register & Questions:

Contact Sharon Arnaud 289-264-5375 sharonarnaud@gmail.com www.sharethework.com

Love Shar



Join us in beautiful Costa Rica for a 7 day exploration in **The Work**. Discover the truth that lives underneath our frightening thoughts - your truth - the one that sets you free to live and love without fear.

For more information.
Please see: www.thework.com